

Work History

COMPANY	PRODUCTION/BRAND	DIRECTOR	PRODUCER	ROLE
TV COMMERCIALS				
Parkview Creative	Garnier Nutrisse	Fabia Martin	Rachel King	First AD
Omnicom Production	Natwest "Empty Nesters"	Chris Fowles	Annie Fulcher	First AD
Dazed Studio	Hinge "Nol 3.0"	David Brandon Geeting	Emily May	First AD
Parkview Creative	Arghaüs "Meet The Makers"	Fabia Martin	Rachel King	First AD
Firmative	Netflix Gen N Ep. 5	Dumi Siwo	Yvie Russell	First AD
Parkview Creative	Arghaüs S. 2 Ep. 1&2	Fabia Martin	Rachel King	First AD
Love Song	Co-op "Pop To Co-op"	Saman Aminzadeh	Jacob Swan Hyam	AD (2 nd Unit)
Omnicom Production	Specsavers "The Recruit 2"	Sonja Phillips	Annie Fulcher	First AD
Blank Co	Maker's Mark "Lucien"	Dumi Siwo	Sam Chitty	First AD
Omnicom Production	Cesar "Love Like Crazy"	Greg Bray	Annie Fulcher	First AD
1000heads	Lenovo "Back to School"	Helena C-J	Efosa Osaghae	First AD
Chelsea FC	Chelsea Women's FC	Shreya Jha	Stephanie Skarbek	First AD
Park Pictures	Intl. Booker Shortlist 2026	Holly Blakey	Ayo Alli	First AD
Revolucion London	McDonald's "Mundial 2026"	Boki	Gareth Francis	First AD
Firmative	Netflix Gen N Ep. 4	Dumi Siwo	Yvie Russell	First AD
Omnicom Production	Tena "Rethink Bladder Leaks"	Honor Northridge	John Barratt	First AD
Parkview Creative	Garnier Obao x Raul Jimenez	Chris Kirtley	Rachel King	First AD
Untold Studios	Rimmel x Maya Jama	Charlie Sarsfield	Mike Heath	First AD
Parkview Creative	Garnier Good x Olivia Attwood	Helena C-J	Rachel King	First AD
Made by Stella	Fairmont "A Special Delivery"	Anau Vilà	Clare Laurance	First AD
Kode Media	Atlassian x Williams F1	Johnny Marchetta & Bjorn Franklin	Jamie Brewer	First AD
Believe Media	Samsung "You and AI AS One"	Ariela Dorf	Alex Dawson	First AD
Portas	Pandora "Love Louder"	Hattie James-Weed	Effie Theos	First AD
The Gate Films	The Post Office	That Jam	Josh Boswell	First AD
Park Pictures	Google Gemini	Jamie Jones	Fred Deedes	First AD
Prodigious	Head & Shoulders	Ben Rayner	Jo Hodge	First AD
Toast TV	Hays Travel x Davina McCall	Nott Brothers	Poppy Ashton	First AD
Craft Worldwide	Sloggi SS25	Taran	Zara Balfour	First AD
The Gate Films	Dove	Helena Charlton-Jones	Hollie Newton	First AD
Form Productions	Chivas Regal	Fausto Becatti	Samantha Farrance	First AD
Eyeline Pictures	Madame Tussauds	Chloe Victoria Hughes	Voy Czarkowski	First AD
Toast TV	TaxScouts	Nott Brothers	Jordan Hakkak	First AD
1000heads	Nails Inc.	Effie Theos	Efosa Osaghae	First AD
Agile	Dr. Pepper Valentines	Louis Bhose	Sarah Kirkby	First AD
ProdCo	WWF	Samona Olanipekun	Lottie Aspinall	First AD
Prettybird	Combat Stress	Karen Cunningham	Enrique Da Silva	First AD
Girl & Bear	O2 Roaming x Samsung Fold	Thomas Hilland	Selena Cunningham	First AD
Zissou/Vale Vale	Foster's Hollywood	Mauri D. Galiano	Natalia Puras	First AD
Prettybird	Amazon Books	Tom Noakes	Cindy Burnay	First AD
Friend	Novibet "Platform"	Ric Cantor	Camilla Cullen	First AD
Prodigious	Kellogg's "Crunchy Nut"	Tim James Brown	Elliot Somers	First AD
Prettybird	CoppaFeel! "Know Yourself"	Jess Kohl	Paulette Caletti	First AD
Familia	Royal Navy "Raj's Story"	Sasha Nathwani	Campbell Beaton	First AD
Prettybird	Cancer Research UK	Jess Kohl	Benji Landman	First AD
Kode Media	Brits Rising Star 2025	Dora Alphides	Lottie Lindsay-Beavan	First AD
Prodigious	Skoda x Niahm	Yiani Andrikidis	Emily Slupecka	First AD
1000heads	MyPos	Helena Charlton-Jones	Efosa Osaghae	First AD
Iconoclast	McDonalds "Make It Yours"	Yianis Andrikidis	Alex Dougan	First AD

Laura Carrión Del Pozo

Assistant Director

Thumbstoppers	World Vision "Flagship"	Mitchell Kendall-Smith	Brooklyn Adebowale	First AD
Bullion	Adidas x Dazn	Rory Wood	Suzan Mustafa	First AD
Object & Animal	Dazed x Tayce "The Mix Project"	Ben Cole	India Lee	First AD
Thumbstoppers	Chivas Regal	Mitchell Kendall-Smith	Rosie Litterick	First AD
Prettybird	Unilever "United We Stand"	Jess Kohl	Benji Landman	First AD

FASHION & STILLLS

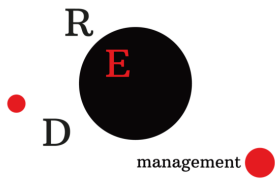
LGA Management	Graff "Liz Collins x Tim Holloway"	Liz Collins	Riana Casson	First AD
JN Productions	Bvlgari	Nacho Alegre	Helen Salin	AD (Stills)
Prodigious	Santander "Moving Starts Here"	Ronan Gallagher	Jo Hodge	First AD
LGA Management	Graff "LNY & Valentine"	Tim Holloway	Vanessa Darling	First AD
Prodigious	McDonald's "Savers"	Junior	Nicole Hathaway	First AD
LGA Management	Graff	Liz Collins	Vanessa Darling	First AD
Unit 9	i-D x Nike	Mohammed Patel	Lucy Butterfield	First AD
Somesuch	Apple "Project Teacup"	Jason Nocito	Tom Gardner	First AD
Outsider TV	Under Armour x Next Academy	Jane Stockdale	Tex Travi	First AD
Zero	Adidas Paris Olympics Party	Dan Merry	Mathias Gilay	First AD
Ranaverse	Résidence CÎROC	Enantios Dromos	Benji Landman	First AD

MUSIC VIDEOS

Park Pictures	Beabadoobee "Sun Is Set"	Jake Erland	Sam Murray	First AD
Black Dog RSA	Arlo Parks "Get Go"	Chloe Desaulles	Kelly Spacey	First AD
Partizan	Jazzy x Chris Lorenzo	Erik He	Sam Murray	First AD
ProdCo	Louis Tomlinson "Imposter"	Samona Olanipekun	Aidan Robert Brooks	First AD
Park Pictures	Kelsey Lu Music Film	Savanah Leaf	Jill Ferraro	First AD
F.L.O.	Cleo Sol "Blue"	Inflo	Amber Letts	First AD
Park Pictures	Sekou "Catching Bodies"	Iggy London	Sam Murray	First AD
New-land	CTRL "All I Want Is You"	Florian Joahn	David Gourlay	First AD
Odyssey	KR\$NA ft. Aitch "Who You Are"	The Odyssey Collective	Jess Emens	First AD
Odyssey	Áyanna "About A Boy"	The Odyssey Collective	Anisa Kennar	First AD
Stink	Nia Smith "Give Up The Fear"	Loose	Alex Ayodele-Otele	First AD
Odyssey	Lojay "Falling"	The Odyssey Collective	Astra Pritchard	First AD
Friend	Confidence Man	India Harris	Maya Dufeu	First AD
Odyssey	Darell x Clean Bandit	NINED	Hugo Holford	First AD
JNProduction	Saint Harison	Tereza Mundilova	Emily O'Meara	First AD
Riff Raff Films	"World's End FM" by Hak Baker	Hugh Mulhern	Alex Handschuh	First AD
Ground Work	Sigrid "Burning Bridges"	Balan Evans	Lana Salfiti	First AD
Prettybird	Pale Waves - "She Is My Religion"	Jess Kohl	Benji Landman	First AD
Prettybird	Odunsi The Engine "Half A Tab"	Ben Cole	Chris Murdoch	First AD
OB Management	Lucy Blue "Postman"	Seb Tabe	Theo Hue W.	First AD
Academy Films	Fat White Family - "When I Leave"	Fiona Godivier	Leah Joyce	First AD

SHORT FILMS

F.L.O.	"Domino"	Inflo	Amber Letts	First AD
Merman	"Van Wife"	Rachel Stubbings	Clara Bennett	First AD
MRMR / BBC	"Take Care"	Katharine Stocker	Rosie Litterick	First AD
RSP Productions	"Breach"	Mika Simmons	Sally Wood	First AD



Laura Carrión Del Pozo

Assistant Director

FILM & TV

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|------|---|------|---|
| 2025 | GOOD THINKING (Series, 2 episodes)
Role: 1 st Assistant Director
Director: Sindha Agha
Producer: Sam Murray | 2022 | THE LAZARUS PROJECT (T.V./Season 1 (Block 3))
Role: Key 2 nd Assistant Director (Main & 2nd Unit)
Director: Akaash Meeda
1 st AD: Angie Garaghon (MU) / Lucas Harding (2U)
Production: Urban Myth Films |
| 2023 | MAGPIE (Feature)
Role: Key 2 nd Assistant Director
Director: Sam Yates
1 st AD: Freddie Hall
Producer: Kate Solomon, Camilla Bray | 2020 | BRAVE NEW WORLD (T.V. / Season 1 (Block 1))
Role: 2 nd Assistant Director for 2 nd Unit
Director: Owen Harris (MU) / Jake Polonsky (2U)
1 st AD: Marco Ciglia (MU) / Lucas Harding (2U)
Production: NBC Universal |
| 2022 | CLUB ZERO (Feature)
Role: Key 2 nd Assistant Director
Director: Jessica Hausner
1 st AD: Alice Caronna
Producer: Mike Goodridge, Johannes Schubert | 2019 | RARE BEASTS (Feature)
Role: Key 2 nd Assistant Director
Director: Billie Piper
1 st AD: Simon Rooke
Production: Western Edge Pictures
Producer: Vaughan Sivell |
| 2021 | THE UNLIKELY PILGRIMAGE OF HAROLD FRY (Feature)
Role: Key 2 nd Assistant Director
Director: Hettie Macdonald
1 st AD: Peter Agnew
Producer: Juliet Dowling, Kevin Loader, Marilyn Milgrom. | | |

Key Skills and Competencies

- Fluent in Spanish and English.
- London based / working in the UK and internationally.
- Experience scheduling with Movie Magic.

Personal Profile

I've had the pleasure and good fortune of learning from some of the best 1st ADs and humans in the industry. To name a few but not all: Ben Glickman, Lucas Harding, Dan Precious, Hayley Williams, Benji Edwards, Simon Ashen, Sascha Marden.

My experience includes working with high profile talent, large crowds, children, animals, SFX, stunts, U-CRANE arm, traffic control, cranes, low loaders, action vehicles, drones, helicopters, underwater tanks, pools, hidden camera, motion control, green screens and VFX as well multi-camera and multi studio shooting.

I've worked all over the UK, as well as in Austria, Canada, Denmark, France, Italy, the Netherlands, Spain, the UAE and the USA.